

Team Building:

Plan for Achieving My Personal Goal

NAME: _____

GOAL: _____

Draw or write the outcome of accomplishing your goal. What will it look like to accomplish your goal? What will it feel like? How will you know you've achieved it?

Now write the step-by-step mini-goals that you will need to achieve in order to accomplish your bigger goal. Be as clear, specific and realistic as you can.

MINI-GOAL	BY WHEN?

What obstacles will I need to overcome to accomplish my goal? _____

How can the team help me accomplish my goal? _____

How will I celebrate accomplishing my goal? _____